



FOR IMMEDIATE RELEASE

Lawrence Hopewell Trail Launches First Annual Complete the Loop 5k

Join us on Saturday, May 2nd, in Rosedale Park

Lace up your running shoes and join the Lawrence Hopewell Trail for the first annual Complete the Loop 5k and Fun Run on Saturday, May 2nd at 9 am in Rosedale Park in Pennington!

This exciting new community event celebrates the Lawrence Hopewell Trail's mission to complete its 20-mile, multi-use trail connecting Hopewell and Lawrence Townships. Designed for runners, walkers, families, and trail users of all ages, the Complete the Loop 5k invites participants to come together for a morning of fitness, fun, and community connection.

Participants may choose from:

- A timed 5k race for runners and walkers of all experience levels, ages 8+
- A family-friendly Fun Run, open to all

Early bird pricing is currently available, with registration for the 5K at \$35 and the Fun Run at \$25. Registration fees will increase to \$40 for the 5K and \$30 for the Fun Run beginning March 1st. All registered participants will receive an official race T-shirt if registered before April 26th. T-shirts will be available on a first-come, first-served basis after that time.

The Complete the Loop 5k and Fun Run is a fundraiser supporting the Lawrence Hopewell Trail's ongoing efforts to complete the 20-mile LHT loop. A small professional staff and volunteer Board of Trustees guides the Lawrence Hopewell Trail currently working to construct the four remaining segments needed to close the loop. Each segment presents unique logistical, environmental, and financial challenges.

As a nonprofit organization funded entirely by grants and private donations, community support is essential to the LHT's work. The Trail hopes this inaugural event will not only be a fun and inclusive celebration, but also a meaningful step toward realizing the vision of a fully connected loop.

"The Lawrence Hopewell Trail already offers many beautiful sections, and we can't wait for people to experience the full loop without interruptions," said David Sandahl, Chair of the Lawrence Hopewell Trail Board of Trustees. "While many people already enjoy running, walking, and cycling on the Trail, this event is an opportunity to bring our community together at one of its most scenic locations for a morning of fun, recreation, and purpose. We are deeply grateful to everyone supporting the important work of completing the loop."

Hopewell Township Mayor David Chait expressed enthusiasm for the event:

"The Complete the Loop 5k is a wonderful opportunity to celebrate the progress being made on the Lawrence Hopewell Trail. Hopewell Township is proud of its partnership in the effort to

complete the loop, and I'm looking forward to seeing the community come out in support of this exciting event."

Pre-registration is encouraged. More information about race registration and sponsorship opportunities can be found at <https://lhtrail.org/5k/>

The Lawrence Hopewell Trail thanks Fleet Feet Princeton and Clinical Research Philadelphia for their generous sponsorship of the Complete the Loop 5K and Fun Run and for their continued support of community health, fitness, and outdoor recreation.

The Lawrence Hopewell Trail is seeking additional community and business partners to support this inaugural event. Sponsorship opportunities offer organizations visibility before and during race day, as well as opportunities to engage directly with participants through the event's Vendor Village. Sponsorship information can be found at <https://lhtrail.org/5k-sponsors/>

Please note: There is no rain date for this event. Updates will be posted at www.lhtrail.org and registered participants will be notified by email. For all other questions, email info@lhtrail.org.

About the Lawrence Hopewell Trail

The Lawrence Hopewell Trail (LHT) is an almost-completed 20+ mile bicycle and pedestrian loop in Lawrence and Hopewell Townships in Mercer County, N.J. The Lawrence Hopewell Trail Corporation is a nonprofit organization that relies on grants and donations to fund maintenance and operating expenses as well as community events. For more information about the LHT, please visit www.lhtrail.org.

About Mercer Meadows

The Mercer County Park Commission manages diverse offerings within its more than 10,000 acres of parks, recreational facilities, and open space throughout Mercer County. Mercer Meadows, where the Complete the Loop 5k and Full Moon Ride take place, consists of more than 1,600 acres divided among five separate spans. Miles of mowed, stone dust, paved, and gravel trails provide visitors and their families with scenic walking and biking routes through meadows and woodland. Fishing is popular at the park's four water bodies. For more information, visit [Mercer County Parks](#).

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